#### Profile 4 | 2023



# Alumnae Spotlight



Atela Yee

Class of 1984.



Each month we shine the spotlight on one of our Alumnae.

Our Alumnae this month is Atela Yee. Inspiring, Strong and Courageous are a few words to describe Atela. Atela is an example of learning lessons from everyday life moments and growing strength to strength. A beautiful lady inside and out. A true inspiration.

Here's what Atela had to say ....

### Atela in the Media ....

- RAIWAQA BAKERY: WHEN DISASTER STRIKES, THE BREAD MUST GO ON! -BLP (businesslinkpacific.com)
- Facebook Live | Facebook
- Fiji Sun Posts | Facebook



# WHAT MEMORIES OF YOUR CHILDHOOD YEARS REMAIN WITH YOU TODAY?

Most of my childhood memories are of hard times that we as a family went through. Today I am happy that those were the hard times that molded me to become a strong person.

It was also the driving force to keep me going when times were harder as I entered adult life with kids.

My late father was a visionary leader and his words remain with me today and working with him from a very young age taught me to be independent and have a CAN DO attitude.



Can you share a significant experience during your SJSS high school years and, on reflection, why was this impactful?

During my years at SJSS the interaction with the other girls and the bond of sisterhood was a unique one as I am an introvert and usually socially awkward around people.



The experience has taught me that we are all uniquely different yet we all strive to be the best and need each other for support to succeed in life.

## WHAT INFLUENCED YOUR CAREER PATHWAY AND HOW DID YOU GET TO WHERE YOU ARE TODAY?

My six children were the influence to start my business and have driven me to grow the business to cater for their needs as well as providing employment and essential products for families.

Being an entrepenuer was not in the plan as I wanted to be in the Health and Fitness industry but my circumstances changed in my teenage years which now I think it is a matter of reprogramming the mind to accept our situation and adjust and make the best of it.

#### WHAT ADVICE CAN YOU GIVE OTHER WHO ASPIRE TO BE PART OF A SIMILAR INDUSTRY?



The food industry is a fast growing one with lots of innovations in products. There are many areas that are involved around the food industry. Discover your passion and follow your dreams .. Food is art, IT, Marketing and the list goes on...

#### On reflection, which school subject/project became the backbone of your career pathway?

English was a subject that was the backbone of my path in life as it helped me read and understand and implement what I resonated with in my journey of life.

Being a school dropout, my personal growth was mostly through self taught lessons which was only possible if we are literate in at least the basics.



# WHAT WORLDLY GUIDANCE CAN YOU SHARE WITH THE CURRENT STUDENTS OF SJSS?

Keep learning everyday and don't take life lightly. Life is a journey, use technology to self learn because you don't learn everything about life from school or university.

Money is not everything, learn to be a good human being to serve God's other children with the blessings of your talent/gift.





As part of your story, are there any SJSS Alumnae you would like to reach out to and reconnect?



SJSS reunions has been a fantastic way to meet. At the age of 56, I am grateful that I have reconnected with all the ladies that holds a special place in my heart from SJSS.

I am blessed to have been a student of a prestigious school in Fiji that has groomed young ladies to become the best versions of themselves.